

Wellbeing Newsletter

Autumn 2 – November 2025



World Kindness Day is an annual event that encourages individuals to practice kindness in their daily lives. It highlights the importance of empathy, understanding, and cooperation to create a more harmonious and caring world. Encourage your child to spread a little kindness with the **KIND ACT CHALLENGE**



Key Dates

- 5th – Guy Fawkes Night
- 11th – Remembrance Day
- 10th-14th – Anti Bullying Week
- 13th – World Kindness Day
- 14th – Children in Need

Hello Yellow Day

You certainly turned Wellow Yellow!!!
And raised an incredible £416.00 for YoungMinds charity!
A big THANK YOU to everyone who joining us in our Hello Yellow Day!



Recommended Reads

We Will Remember Them is a simply and effectively illustrated book for Remembrance Day that explains to children why it's so important to remember those we have lost in wars. Published in association with the Royal British Legion, the book focuses on the world wars, explaining how the poppy became a symbol of remembrance, and what happens on Remembrance Sunday.

There are quotations from veterans throughout, and a few war poems are printed at the end of the book, including 'In Flanders's Field' by John McCrae. Suitable for children aged 7+. This book is available to borrow in the school library and will be on display with a selection of other information and fiction books about war and remembrance. Mrs Hampshire, Librarian.



**Don't Forget...
the Action for
Happiness
Calendar
NEW WAYS
NOVEMBER**



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