



Wellbeing Newsletter

Christmas Holiday Edition 2025

SUPPORT AT CHRISTMAS

It's the 'most wonderful time of the year' but with Christmas just around the corner and the current cost-of-living crisis, we are only too aware that everyone is feeling the pinch this winter. We want to support those families in our school community who are impacted the most. Below highlights some of the provisions available to you and your family.

WINTER HOUSEHOLD SUPPORT FUND

School can directly offer financial support with household costs and food shopping. For more information please do get in touch, for a confidential chat or email L.gradidge@uwinat.co.uk

RCS COMMUNITY PANTRY

A 'helping hand' for anyone in need of support to manage and budget these difficult times. £5 per visit for £15+ worth of foods

ROMSEY FOOD BANK

Electronic Food Bank vouchers can be issued to anyone who may be needing some additional support with food and home supplies over the Christmas break.

Food Bank Christmas Opening Times

- Last session before Christmas: Morning of Christmas Eve
- Closed: Thursday 25 December – Friday 2 January
- First session after Christmas: Morning of Tuesday 6th January

PLEASE DO NOT HESITATE TO GET IN TOUCH TO DISCUSS ANY OF THE ABOVE SUPPORT.

LOCAL FESTIVE THINGS TO DO

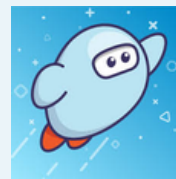
To find out more whats going on in Romsey this winter time please click on the Father Christmas



RECOMMENDED READS



Although it isn't a Christmas story, *One Upon a Penguin* by Magda Brol is a delightful, wintry tale about a penguin called Paco who discovers books, reading and libraries! A wonderful story celebrating the value of books and libraries! This book is available to borrow from the school library, together with many other wintry and Christmassy books on display in the library this month. Children may borrow library books over the Christmas holidays, and remember, they also have access to our virtual library, through the [SORA reading app](#) - Mrs Hampshire, Librarian.



**CLICK HERE FOR
SORA APP**

**DON'T FORGET...
THE ACTION FOR
HAPPINESS CALENDAR
DO GOOD DECEMBER**



Wishing you all a wonderful Christmas!

**Laura Gradidge
Family Wellbeing Coordinator**

